W/C - 02/11, 23/11, 14/12, 04/01, 25/01, 15/02, 08/03

# 14 Allergen Free Menu
# Autumn Winter 2026-27 Week One

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| Option 1 | **Chicken & Sweetcorn Tomato Pasta** Served with Mixed Salad **(1331627)** | **Margherita Pizza** Served with Baked Potato Wedges & Coleslaw **(1332209)** | **Roast Gammon** Served with Roasted Potatoes, Broccoli & Gravy | **Lamb Curry** Served with Wholegrain Rice & Sweetcorn **(1332296)** | **Homemade Chicken Nuggets** Served with Chunky Chips and Peas **(1331588)** |
| Option 2 | **Veggie Meatball Tomato Pasta** Served with Mixed Salad **(1331624)** | **Cheesy Broccoli Tray Bake** Served with Baked Potato Wedges & Coleslaw **(1332214)** | **Sweet Potato & Spinach Stew** Served with Roasted Potatoes & Broccoli **(1332283)** | **Sweet Potato & Chickpea Curry** Served with Wholegrain Rice & Sweetcorn | **Cheesy Veggie Patty** Served with Chunky Chips and Peas **(1331592)** |
| Jackets & Pastas | Penne Pasta with Homemade Tomato Sauce **(932533)** | Jacket Potato with a choice of Toppings **(932527)** | Penne Pasta with Homemade Tomato Sauce **(932533)** | Jacket Potato with a choice of Toppings **(932527)** | Penne Pasta with Homemade Tomato Sauce **(932533)** |
| Dessert | **Fruit Salad** | **Pineapple Crumble (1332245)** | **Apple & Blueberry Cornflake Flapjacks (1332289)** | **Jelly & Fruit Slices** | **Chocolate & Vanilla Shortbread (1226751)** |

**Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes**

W/C - 09/11, 30/11, 21/12, 11/01, 01/02, 22/02, 15/03

# 14 Allergen Free Menu
# Autumn Winter 2026-27 Week Two

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| Option 1 | **Curried Chicken & Yellow Rice** Served with Broccoli | **Margherita Pizza** Served with Baked Potato Wedges and Coleslaw or Salad **(1332209)** | **Roast Chicken** Served with Roasted Potatoes, Carrots & Peas | **Sweet & Sour Chicken** Served with Steamed Rice & Green Cabbage **(1332345)** | **Homemade Chicken Nuggets** Served with Chunky Chips and Baked Beans **(1144328)** |
| Option 2 | **Veggie Tikka Masala & Wholegrain Rice** Served with Broccoli **(1226920)** | **Pizza al a Pesto** Served with Baked Potato Wedges and Coleslaw or Salad **(1226479)** | **Cheesy Vegetable Tray Bake** Served with Roasted Potatoes, Carrots & Peas **(1332315)** | **Sweet Potato & Courgette Curry** Served with Steamed Rice & Green Cabbage **(1332355)** | **Cheesy Veggie Patty** Served with Chunky Chips and Baked Beans **(1226735)** |
| Jackets & Pastas | Penne Pasta with Homemade Tomato Sauce **(932533)** | Jacket Potato with a choice of Toppings **(932527)** | Penne Pasta with Homemade Tomato Sauce **(932533)** | Jacket Potato with a choice of Toppings **(932527)** | Penne Pasta with Homemade Tomato Sauce **(932533)** |
| Dessert | **Fruit Bowls** | **Apple & Blueberry Cornflake Flapjacks (1332289)** | **Apple Crumble (1332329)** | **Watermelon Sticks** | **Rainbow Shortbread (1227016)** |

**Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes**

W/C - 16/11, 07/12, 28/12, 18/01, 08/02, 01/03, 22/03

# 14 Allergen Free Menu
# Autumn Winter 2026-27 Week Three

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| Option 1 | **Cheesy Macaroni Pasta Bake** Served with Green Beans **(1332657)** | **Naked Beef Smashburger** Served with Wedges & Baked Beans **(1222402)** | **Roast Chicken** Served with Roasted Potatoes, Carrots & Peas | **BBQ Chicken with Chickpeas** Served with Wholegrain Rice & Cucumber Sticks | **Homemade Chicken Nuggets** Served with Chunky Chips and Sweetcorn **(1331632)** |
| Option 2 | **Vegetable Chilli** Served with Steamed Rice & Green Beans **(1227009)** | **Vegetable Meatballs** Served with Wedges & Baked Beans **(1332675)** | **Parsnip & Apple Hotpot** Served with Roasted Potatoes, Carrots & Peas **(1332777)** | **BBQ Beans & Vegetables** Served with Wholegrain Rice & Cucumber Sticks | **Cheesy Veggie Patty** Served with Chunky Chips and Sweetcorn **(1331635)** |
| Jackets & Pastas | Penne Pasta with Homemade Tomato Sauce **(932533)** | Jacket Potato with a choice of Toppings **(932527)** | Penne Pasta with Homemade Tomato Sauce **(932533)** | Jacket Potato with a choice of Toppings **(932527)** | Penne Pasta with Homemade Tomato Sauce **(932533)** |
| Dessert | **Fruit Bowls** | **Peach Crumble (1332757)** | **Chocolate Cornflakes Crispy (1226876)** | **Jelly & Fruit Slices** | **Carrot & Cinnamon Cookies (1226565)** |

**Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes**